

# **Integrated Community Centre for Mental Wellness (ICCMW)**

## **精神健康綜合社區中心**

### **( Service Brief )**

#### **(服務簡介)**

#### **Service Description**

The Integrated Community Centre for Mental Wellness (ICCMW) is an integrated centre providing one-stop, district-based and accessible community support and social rehabilitation services ranging from early prevention to risk management for persons in mental recovery, persons with suspected mental health problems, their families / carers and residents living in the serving district.

#### **服務簡介**

精神健康綜合社區中心（下稱「綜合社區中心」）是為精神復元人士、懷疑有精神健康問題的人士、他們的家人／照顧者及居住當區的居民，提供由及早預防以至危機管理的一站式、地區為本和便捷的社區精神健康支援服務。

#### **Target Group**

The target group of ICCMW includes persons in mental recovery and persons with suspected mental health problems aged 15 or above; their families / carers and residents living in the serving district. Since October 2019, the target group of ICCMW was expanded to all secondary school students living / studying in the serving district.

#### **服務對象**

綜合社區中心的服務對象包括 15 歲或以上的精神復元人士、懷疑有精神健康問題人士、其家屬／照顧者和區內居民。自 2019 年 10 月起，其服務對象已擴展至於當區居住／就讀的中學生。

#### **Scope of Services**

The ICCMW provides the following services -

- Drop-in services
- Outreaching services
- Casework counseling
- Therapeutic and supportive group work services
- Social and recreational activities
- Day training
- Outreaching occupational therapy training services

- Peer support services
- Clinical psychological service
- Public education programs on mental health
- Referral to the Community Psychiatric Service of the Hospital Authority for clinical assessment or psychiatric treatment

## **服務範圍**

綜合社區中心的服務包括：

- 偶到服務
- 外展服務
- 個案輔導工作
- 治療及支援小組工作
- 社交及康樂活動
- 日間訓練
- 外展職業治療服務
- 朋輩支援服務
- 臨床心理服務
- 舉辦教育性活動加強社區人士對精神健康的認識
- 轉介有需要的個案至醫院管理局接受臨床評估及精神科治療

## **Referring Procedures**

Referrals can be made to ICCMW through -

- Self-application of the above-mentioned target groups; or
- Referrals through doctors, social workers, allied health professionals or government departments, etc.

## **轉介途徑**

綜合社區中心的服務可經下述途徑轉介：

- 上述服務對象自行向中心申請服務；或
- 由醫生、社工、專職醫療人員或政府部門等轉介。

## **Enquiry (Social Welfare Department)**

Tel.: 2343 2255

Website: <http://www.swd.gov.hk>

## **查詢 (社會福利署)**

電話：2343 2255

網址：<http://www.swd.gov.hk>