

## Central Psychological Support Service (Pre-school Service)

### INTRODUCTION

Central Psychological Support Service, Pre-school Service (CPSS(PS)) aims at promoting the psychological well-being of pre-school children with special education needs (SEN) and their parents/major caregivers. It provides consultation and support services which aim at facilitating children's adjustment in school and enhancing the parents and caregivers' skills in working with them. Since 1st August 2019, the service has been extended to provide in-depth psychological treatment for these children and their families in need.



### OBJECTIVES

- To help parents deal with the challenges of taking care of children with SEN by strengthening their parenting skills and stress management;
- To work on emotional, marital and/or other family problems of the parents;
- To facilitate the adjustment of children with SEN in rehabilitation units;
- To enrich the perspectives and strengthen the skills of rehabilitation units' staff in working with children with SEN and their families;
- To give advice on improvement of service for children with SEN.

### TARGET GROUPS

- Pre-school children with special education needs under Integrated Programmes (IP) in Kindergarten-cum-Child Care Centres (ICCC), Early Education & Training Centres (EETC) and Special Child Care Centres (SCCC) operated by the subvented sectors not allocated with agency-based clinical psychological service.
- Parents and major caregivers of (a)
- Special Child Care Workers/ kindergarten teachers of (a).



Clinical psychologists of CPSS(PS) pay visits to rehabilitation units upon request. Services include:

- To provide consultation and training to caregivers of pre-school children with SEN;
- To provide in-depth psychological treatment for children with SEN and their parents or major caregivers who assessed to be in need.
- To provide consultation and training for Special Child Care Workers/teachers who work directly with service users.



### ACCESS TO SERVICES

Service is arranged by referral from the aforementioned pre-school rehabilitation units. Parents of children with SEN may contact the concerned pre-school service units for further information and service arrangement.

### SERVICES WITHDRAWAL

In general, service users will withdraw from this service when the children leave the pre-school rehabilitation services.

### SERVICE CHARGE

Free of charge.

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