



社會福利署
Social Welfare Department

Central Psychological Support Service (Adult Service)

introduction

Central Psychological Support Service, Adult Service (CPSS(AS)) aims at promoting the psychological well-being and quality of life of persons with developmental disabilities (PWDDs) in Hong Kong. It provides direct psychological support services to PWDDs and their caregivers as well as consultation and training services which aim at enhancing caregiving systems for PWDDs. From 2019.8.1 onwards, CPSS(AS) launches the Life Transition Support Service (LTSS) which focuses on providing essential and timely psychological support for PWDDs and their caregivers at important life transitions and over related issues along their course of life.

objectives

- to promote general psychosocial well-being and quality of life of PWDDs and their caregivers across various stages of life;
- to promote the development of individualized long-term care plan and facilitate smoother life transitions for PWDDs and their families;
- to enrich the perspectives and skills of staff caregivers in service delivery for service users and the family caregivers;
- to contribute to the continuous improvement in the training activities and programmes of rehabilitation services.

target groups

- Persons with developmental disabilities who are users of rehabilitation services under government's subvention and not currently served by any clinical psychologist, including Day Training, Vocational Rehabilitation Service and Residential Services for intellectually / physically disabled person.
- Family and staff caregivers of PWDDs of (a)

services

Clinical psychologists of CPSS(AS) pay regular visits to rehabilitation units to provide psychological consultation / advice to staff and PWDD's family members on the behavioral and emotional problems of the PWDD as manifested in the rehabilitation unit, which include:

- Case assessment and consultation, with some demonstrative treatment if needed
- Life Transition Support Service
- Family and staff caregiver training
- Service consultation for the rehabilitation unit
- Project/Service tools development

access to service

Officer-in-charge of eligible rehabilitation service unit could apply our service through:

Senior Clinical Psychologist 6
Coordinator of Central Psychological Support Service (Adult Service)
Social Welfare Department

Room 108, 1/F, Mong Kok Government Offices, 30 Luen Wan Street, Mong Kok, Kowloon

Tel: 2399 2399
Email: cpu6enq@swd.gov.hk

service charge

The service is provided free of charge



社會福利署

Social Welfare Department

中央心理輔助服務 (成人服務)

簡介

中央心理輔助服務(成人服務)旨在促進本港受發展障礙影響人士的心理健康，並提昇他們的生活質素。內容包括直接為受發展障礙影響人士及其照顧者提供的心理輔助服務，以及透過諮詢和訓練服務加強對照顧者系統的支援。由二零一九年八月一日起，中央心理輔助服務(成人服務)推出人生過渡期支援服務，集中為處於重大人生轉折階段的发展障礙人士及其照顧者提供適切而及時的心理支援，協助他們處理過渡階段的相關事宜。

目標

1. 促進受發展障礙影響人士及其照顧者 在不同人生階段的心理健康，並提昇其生活質素；
2. 推動個人化長期照顧計劃的發展，協助受發展障礙影響人士及其家人更順利渡過人生轉折時期；
3. 擴闊職員照顧者的服務觀點與技巧，以助其向服務使用者及其家屬照顧者提供服務；以及
4. 協助康復服務單位持續發展及完善其訓練活動及課程。

服務對象

1. 使用政府資助康復服務而沒有接受臨床心理服務之單位(包括為智障/肢體傷殘人士而設的日間訓練、職業康復服務和住宿服務)的受發展障礙影響人士；
2. 以上項所述受發展障礙影響人士的家庭及職員照顧者

服務內容

提供中央心理輔助服務的臨床心理學家，會定期到訪各有關康復服務單位，並就受發展障礙影響人士在康復服務單位的行為及情緒問題，為其職員和家人照顧者提供心理諮詢/建議，那包括：

1. 個案評估和諮詢、按需要進行治療示範
2. 人生過渡期支援服務
3. 家庭/職員照顧者訓練
4. 康復服務單位的服務諮詢
5. 服務項目/工具發展

申請辦法

符合條件的康復服務單位之負責人可提出申請，聯絡方法如下：

社會福利署 高級臨床心理學家(6) 暨
中央心理輔助服務(成人服務)統籌主任

九龍旺角聯運街30號旺角政府合署1樓108室

電話: 2399 2399

電郵: cpu6enq@swd.gov.hk

服務費用

服務費用全免